

Food Scraps PICKUP Program™

Tilmaamaha Hagaha





Waad ku mahadsan tahay ka qeybqaadashada barnaamijka qaadista haraaga cuntada!

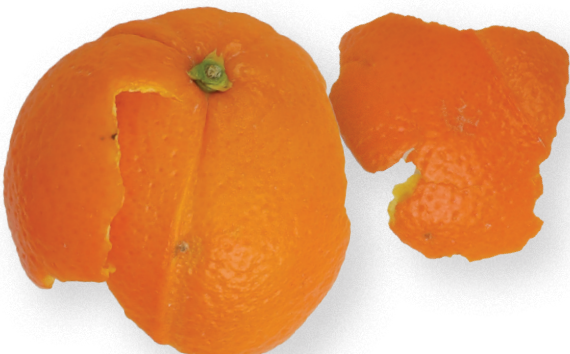
In ka badan 20% qashinka gurigu waa haraaga cuntada, sida diirka khudaarta, qolofa ukunta, buddada bunka iyo qaar kaloo badan. Taasi waa ilaa siddeed rodol oo haraaga cuntada qoyskiiba toddobaadkii. Marka aad kala soocdo walxahan, waxaad gacan ka geysan kartaa in loo beddelo ciid halkii uu ka noqon lahaa qashin.

Ka eeg buug-yaraha ku lifaaqan tilmaamaha barnaamijka oo faahfaahsan.

U xidh bacaha haraaga cuntada sida aad u xidho buufinta oo kale. Ka fiiri muuqaalada FoodScrapsPickup.com si aad u barato qaabka loo sameeyo.

Faafi arrinka! Ka qeybqaadashii dhammaan xubnaha qoyskaaga oo ku dhiirrigeli deriskaaga, asxaabtaada, iyo bulshada inay ka qeybqaataan sidoo kale! Si wadajir ah waxaynu u sameyn karnaa isbeddel.

Macluumaad dheeraad ah:
FoodScrapsPickup.com
651-661-9393
Sawir QR koodhkan



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TILMAAMAHA

Waad ku mahadsan tahay ka qeybqaadashada barnaamijka qaadista haraaga cuntada ee degmooyinka Ramsey iyo Washington! Waxaad gacan ka geysanaysaa in haraaga cuntada loo beddelo ciid halkii uu ka noqon lahaa qashin, taas oo horseedaysa faa'iidooyin deegaan, dhaqaale iyo caafimaad. **Waa kan qaabka loo isticmaalo bacaha la socda warqadan:**

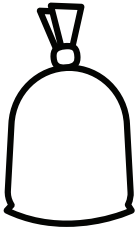
1



Ku ururi haraaga cuntadaada bacaha.

Kaliya isticmaal bacaha burburi kara ee ay bixiyaan degmooyinka Ramsey iyo Washington, kuwaas oo si khaas ah loogu talagalay barnaamijkan. Bacaha kale ee burburi kara iyo bacaha qashinka caadiga ah lama kala sooci doono si loo burburiyo.

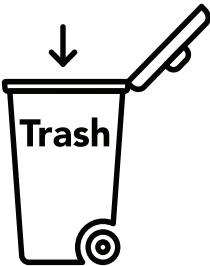
2



Toddobaadkiiba hal mar ama marka ay bacdu buuxsanto, ka gunud xagga sare si aad u xidho bacda.

U xidh xagga sare ee bacda sida aad u xidho buufinta oo kale. Noocan guntinka ah ayaa ah habka ugu fiican ee bacda loo xidho.

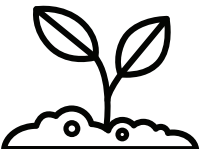
3



Ku rid bacda caaga qashinka ama qashin-qubka si loo qaado.

Ha ku ridin bacaha haraaga cuntada bacda qashinka caadiga ah. Si toos ah ugu rid bacaha haraaga cuntada caaga qashinka ama qashin-qubka. Haddii aad bacaha dhigto banaanka caaga qashinka ama qashin-qubka ama weel kale oo wax lagu ururiyo (qashinka dib loo warshadeynayo ama ka deyrka), ma aadi doonaan goobta saxda ah ee lagu kala sooco si loogu sameeyo burburints.

4



Waad dhameysay!

Ururinta kadib, bacaha haraaga cuntada ayaa laga soocaa qashinka waxaana la keenaa goob lagu burburiyo oo warshadeed.

✓ Walxaha la oggol yahay:

Dhammaan qashinka cuntada (ka saar duubabka iyo waraaqaha ku dhejisan oo ka faaruqi cuntada weelasha)



- Miraha iyo khudaarta (ay ku jiraan diirka, lafaha, iyo galku).
- Hilibka iyo lafaha.
- Cuntooyinka badda (ay ku jiraan lafaha, dahaadhka iyo qolofu).
- Ukunta iyo qolofu ukunta.
- Waxyaabaha caanaha laga sameeyo (ay ku jiraan burcadka iyo caano fadhigu).
- Rootida, khubusta, baastada, bariiska iyo heeda.
- Digirta iyo misirka.
- Buddada iyo filtarrada bunka (lama oggola xidhmooyinka bunka (coffee pods)).
- Caleenta shaaha (lama oggola kiishka shaaha).
- Lafta galleyda, galka galleyda iyo midhaha saloolka.
- Macmacaanka, keega, cajiinka iyo nacnaca.
- Geedaha iyo xawaashkaLowska iyo qolofu lowska (marka laga reebo qolofu lowska walnatka madow).
- Nuts and nut shells (except black walnut shells).
- Iniinta (ay ku jiraan iniinta shimbiraha la siiyo).
- Cuntada xayawaanka carbiska ah.
- Cuntada xumaatay ama qudhuntay.

Si aad u hesho liiska dhameyskatiran ee alaabta la oggol yahay, booqo [FoodScrapsPickup.com](https://www.foodscrapspickup.com) ama wac **651-661-9393**

⊘ Lama Oggola:



- Dambaska.
- Baytariyada ama qashinka elektarooniga.
- Lowska walnatka madow.
- Warqada hilibka lagu laabo, warqada xabagta leh, warqada cuntada lagu laabo ama koobabka keega (aan lahayn astaanta BPI).
- Kartoonada (ay ku jiraan kartoonada caanaha, khamriga, maraqa iyo jalaatadu).
- Dhuxusha.
- Xanjada.
- Sigaarka.
- Kubadaha cudbiga ah iyo dheg nadiifiyaha cudbiga ah.
- Xoolaha bakhtiyay.
- Findhicilka ilkaha.
- Xafaayadaha.

- Marada gaska dharka qabata ee qalajiyaha lagu rido ama waraaqaha qalajiyaha.
- Baakadaha cuntada.
- Kartoonada cuntada la qaboojiyay.
- Gacan-gashiga, buufinta ama alaabaha la midka ah.
- Dufanka ama saliida.
- Timaha iyo cidiyaha la jaray.
- Qashinka halista ah (ay ku jiraan rinjiga, nadiifiyayaasha iyo saliidaha baabuurta).
- Dareerayaasha
- Daawooyinka iyo fitamiinada.
- Bacaha saloolka ee maykrowayfka.
- Alaabooyinka waraaqaha ama balaastika ah (sida bileedhada, maddiibadaha,

- koobabka iyo weelasha la qaato) ee aan lahayn astaanta BPI.
- Qashinka, saxarada ama gogosha xayawaanka carbiska ah.
- Alaabta nadaafada shakhsiyeed.
- Bacaha balaastiga ah.
- Bolistariin (Styrofoam™).
- Istiikarada wax soo saarka lagu dhejiyo.
- Agabka dib loo warshadeyn karo (bogoska, kartoonka, dhallada, birta, warqada iyo caaga).
- Dhagaxyada, ciida ama wasakhda.
- Rabadhka ama laastiigaWaxyaabaha fiiqan.
- Warqada jeexjeexan.
- Qashinka.

- Bacaha nadiifiyaha huufarta iyo waxyaalaha ku jira ama qashinka laga xaaqo sagxada.
- Xabagta.
- Waraaqaha wax lagu masaxo (nooc kasta).
- Wipes (all kinds).
- Qoryaha ama qashinka faarada.
- Duubabka ama weelasha (ay ku jiraan weelasha cuntada lagu qaato) aan lahayn astaanta BPI.
- Waraaqda wax lagu duubo, sooftiga, waraaqda wax lagu baakad gareeyo, xabagta bacda ah ama rasiidhada.
- Qashinka dayrka iyo beerta (oo ay ku jiraan cawska, caleemaha iyo laamahu).

Ku keydi bacaha aanad weli isticmaalayn meel qabow, qalalan, oo mugdi ah. Istimmaal bacaha hal sanno gudahood.

Su'aalo miyaad qabtaa? Booqo [FoodScrapsPickup.com](https://www.foodscrapspickup.com) ama wac **651-661-9393**



Xulashada Keydinta ee Lagu Taliyay

Waxaa jira siyaabo badan oo sax ah oo lagu ururiyo haraaga cuntada! Noqo hal-abuur oo xulo weel iyo goob aad wax ku keydiso oo ku habboon adiga iyo goyskaagaba.

Ikhtiyaarada weelasha waxaa ka mid ah:

- Weelka lagu ururiyo haraaga cuntada daboolkana leh
- Baaldiyada balaastiga ah ee da-boolka leh
- Daasadaha saloolka ee birta ah
- Weelka qashinka ee yar yar, ee cabbirka-musqusha ah
- Baaldiyada shanta gallaan ee da-boolka leh
- Weelka qashinka ee waaweyn ee cabbirka-jikada ah
- Iyo qaar kaloo badan!

Ikhtiyaarada goobta keydinta waxaa ka mid ah:

- Miiska dushiisa
- Waaskada/sinxiga hoostiisa
- Goobta cuntada lagu keydiyo
- Talaagada ama qaboojya-
- ha dhexdiisa
- Weelka qashinka agtiisa
- Geerashka dhexdiisa
- Iyo meelo kale oo badan!

Si aad u yareyso urta, isticmaal weel daboolkiisu dal-daloolo ama ku keydi weelka aad ku ridid haraaga cuntada talaagada ama qaboojiyaha. Beddel bacaha haraaga cuntada qiyaastii hal mar toddobaadkii. Xaqiiji inaad si joogto ah u nadiifiso weelkaaga.

Si aad uga hortagto duqsiyada kusoo urura miraha, ku rid weelkaaga talaagada ama qaboojiyaha. Dadka qaarkiis waxay weelkooda u raraan mid ka mid ah meelahan wakhtiga xagaaga, wakhtigaas oo ay duqsiyada kusoo urura mirahu noqon karaan dhibaato.

Sawir si aad ugu aragto
macluumaadkan onlayn!
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 RAMSEY COUNTY

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