Khoom kam txais:

- Quav kas fes, cov hnab lim & nplooj tea
- Khoom mis nyuj
- Qe & plhaub qe
- Txiv hmab txiv ntoo & zaub
- Nqaij, khoom noj nruab deg & pob txha
- Khoom noj tuaj pwm los yog lwj
- Txiv ntseej & plhaub
- Txhuv, ncuav, fawm loj & taum

Khoom tsis kam txais:

- Khaub ncaws/ntaub (nrog rau ntaub paj rwb 100%)
- Ntaub qhwv menyuam pob tw thiab tej yam khoom siv rau yus tus kheej
- Aub, miv los yog tsiaj tej quav
- Nyom, nplooj ntoo, ntoo qhuav los yog khoom qab vag tsib taug
- Lav, hlau, yas thiab cov khoom nyoj tsis tau
- Cov ntawv zom thiab khoom (zoo li khob, tais, diav/riam, hnab, khoom ua los ntawm tawv tsiaj, ntawv ciab, kas fes, mus rau lwm yam) uas tsis muaj BPI logo uas nyoj tau



Lus Noog?

Mus saib ntawm
FoodScrapsPickup.com
los yog hu **651-661-9393.**

Muab ntaub ntawv ua lus Askiv, Español, Hmoob, Somali, Oromo thiab ကညီ.

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Food Scraps PICKUP Program®

Tab Tom Pib



RAMSEY COUNTY | Washington County | RAMSEY/WASHINGTON RECYCLING & ENERGY

Qhov Food Scraps Pickup Program yog ib txoj kev tshiab rau cov neeg nyob hauv tsev kom rov muab cov khoom noj seem ua dua tshiab!

28 feem pua ntawm tsev neeg cov khib nyiab yog zaub mov seem, xws li tawv txiv hmab txiv ntoo, phlaub qe, hmoov kasfes and ntau yam. Los ntawm kev cais koj cov khoom seem, koj muaj cuab kav pab hloov lawv mus ua av es tsis txhob cia ua khib nyiab pov tseg.

Qhov nov yog nws ua haujlwm li cas:

Tso lus kom tau koj cov hnab ntim khoom noj seem pub dawb txhua xyoo.

Sau koj cov khoom seem tso hauv lub hnab ntim khoom noj. Tsawg kawg ib zaug ib lub lim tiam, khi ib lub pob rau saum lub hnab thiaj kaw tau.

Muab koj lub hnab ntim khoom noj tso rau hauv koj lub toob nqa khoom pov tseg los yog lub thoob khib nyiab rau lawv kev sau.

Tiav lawm! Koj cov khib nyiab sau raws li niaj zaus, thiab cov hnab ntim khoom noj tau muab cais los ntawm cov khib nyiab thiab cov khoom uas nyoj tau.



Sau npe

Ua raws cov kauj ruam hauv qab no lossis hu rau **651-661-9393** mus pib hnub no!

Khaub ruam thib 1 Mus saib ntawm **FoodScrapsPickup.com** thiab nias “Sign up.”

Khaub ruam thib 2 Tso koj qhov chaw nyob.

Khaub ruam thib 3 Tsim koj tus account.

Khaub ruam thib 4 Xaiv ib lub hnab ntim khoom noj loj thiab tso koj daim ntawv tso lub kom txais tau.

Khaub ruam thib 5 Tiav lawm! Koj cov hnab tim khoom noj yuav xa tuaj rau ntawm koj lub tsev.

**Cov neeg tuaj koom muaj cuab kav txais txog li ob qhov kev txais tau 60 lub hnab ntim khoom noj hauv ib xyoos twg. Muaj cov hnab ntim khoom ntxiv yog tias koj siv nyiaj yuav.*



Peev Txheej

Lwm yam peev txheej muaj nyob ntawm **FoodScrapsPickup.com**

- Cov yeeb yaj kiab qhia txog
- Cov lug nquag noog
- Cov khoom kam txais thiab tsis kam txais
- Cov lus qhia txog kev sau thiab khaws cia
- Cov ntaub ntawv thiab cov ntawv sau ua lus Askiv, Español, Hmoob, Somali, Oromo thiab ကညီ

Cov lus qhia kev sau!

Muaj ntau txoj kev los sau khoom noj seem! Mus nrhiav cov kev sau uas pab tau zoo rau koj.

Cov thoob siv rau kev sau.

- Siv ib lub thoob nrog ib lub hau.
- Piv txwv li: ib lub thoob rau koom nyoj, thoob ice cream, raj yas los yog thoob khib nyiab me.

Nqa koj cov khoom noj seem tawm mus.

- Cia ib qho chaw ntxiv me ntsis hauv koj lub hnab ntim khoom noj kom muaj chaw los khi ib lub pob rau sab saum toj kom kaw tau lub hnab.
- Muab koj lub hnab ntim khoom noj tso ncaj qha rau hauv koj lub laub khib nyiab los yog chav thaum koom pov tseg.

TSIS TXHOB tso koj cov hnab ntim khoom noj seem:

- Hauv koj lub laub ntim khoom ua dua tshiab.
- Tso saum toj los yog ze rau koj cov laub khib nyiab los yog chav thaum khoom pov tseg.
- Hauv hauv cov hnab khib nyiab ib txwm siv.