



Khoom kam txais:



Quav kas fes, cov hlab lim & nplooj tea



Khoom mis nyuj



Qe & plhaub qe



Txiv hmab txiv ntoo & zaub



Nqaij, khoom noj nruab deg & pob txha



Khoom noj tuaj pwm los yog lwj



Txiv ntseej & plhaub



Txhuv, ncuav, fawm loj & taum



Khoom tsis kam txais:

- Khaub ncaws/ntaub (nrog rau ntaub paj rwb 100%)
- Ntaub qhww menyuam pob tw thiab tej yam khoom siv rau yus tus kheej
- Aub, miv los yog tsiaj tej quav
- Nyom, nplooj ntoo, ntoo qhuav los yog khoom qab vag tsib taug
- Lav, hlau, yas thiab cov khoom nyoj tsis tau
- Cov ntawv zom thiab khoom (zoo li khob, tais, diav/riam, hlab, khoom ua los ntawm tawv tsiaj, ntawv ciab, kas fes, mus rau lwm yam) uas tsis muaj BPI logo uas nyoj tau



Lus Noog?

Mus saib ntawm [FoodScrapsPickup.com](https://www.FoodScrapsPickup.com) los yog hu **651-661-9393**.

Muab ntaub ntawv ua lus Askiv, Español, Hmoob, Somali, Oromo thiab ກຼ້າ.



Food Scraps PICKUP Program®

Tab Tom Pib



Qhov Food Scraps Pickup Program yog ib txoj kev tshiab rau cov neeg nyob hauv tsev kom rov muab cov khoom noj seem ua dua tshiab!

Ntau tshaj 20% feem pua ntawm cov thoob khib nyiab hauv tsev yog cov khoom noj khoom haus, xws li cov txiv hmab txiv ntoo, cov qe, kas fes, pob txha thiab lwm yam. Los ntawm kev cais koj cov khoom seem, koj muaj cuab kav pab hloov lawv mus ua av es tsis txhob cia ua khib nyiab pov tseg.

Qhov nov yog nws ua haujlwm li cas:



Tso lus kom tau koj cov hnab ntim khoom noj seem pub dawb txhua xyoo.



Sau koj cov khoom seem tso hauv lub hnab ntim khoom noj. Tsawg kawg ib zaug ib lub lim tiam, khi ib lub pob rau saum lub hnab thiaj kaw tau.



Muab koj lub hnab ntim khoom noj tso rau hauv koj lub toob nqa khoom pov tseg los yog lub thoob khib nyiab rau lawv kev sau.



Tiav lawm! Koj cov khib nyiab sau raws li niaj zaug, thiab cov hnab ntim khoom noj tau muab cais los ntawm cov khib nyiab thiab cov khoom uas nyoj tau.

Sau npe

Ua raws cov kauj ruam hauv qab no lossis hu rau **651-661-9393** mus pib hnuv no!

Khaub ruam thib 1

Mus saib ntawm **FoodScrapsPickup.com** thiab nias "Sign up."

Khaub ruam thib 2

Tso koj qhov chaw nyob.

Khaub ruam thib 3

Tsim koj tus account.

Khaub ruam thib 4

Xaiv ib lub hnab ntim khoom noj loj thiab tso koj daim ntawv tso lub kom txais tau.

Khaub ruam thib 5

Tiav lawm! Koj cov hnab tim khoom noj yuav xa tuaj rau ntawm koj lub tsev.

**Cov neeg tuaj koom muaj cuab kav txais txog li ob qhov kev txais tau 60 lub hnab ntim khoom noj hauv ib xyoos twg. Muaj cov hnab ntim khoom ntxiv yog tias koj siv nyiaj yuav.*

Peev Txheej

Lwm yam peev txheej muaj nyob ntawm **FoodScrapsPickup.com**

- Cov yeeb yaj kiab qhia txog
- Cov lug nquag noog
- Cov khoom kam txais thiab tsis kam txais
- Cov lus qhia txog kev sau thiab khaws cia
- Cov ntaub ntawv thiab cov ntawv sau ua lus Askiv, Español, Hmoob, Somali, Oromo thiab ကဉ်

Cov lus qhia kev sau!

Muaj ntau txoj kev los sau khoom noj seem! Mus nrhiav cov kev sau uas pab tau zoo rau koj.

● Cov thoob siv rau kev sau.

- Siv ib lub thoob nrog ib lub hau.
- Piv txwv li: ib lub thoob rau koom nyoj, thoob ice cream, raj yas los yog thoob khib nyiab me.

● Khawv koj cov khoom noj tseg.

- Nrhiav ib qhov chaw kom yoojyim.
- Piv txwv li: nyob saum txee, nyob qab txee ntxuav tais diav, nyob hauv tub yees, los yog tub yees khov, los yog hauv chav rau tsheb.
- Tshem tawm cov kua ntau dhau los ntawm koj cov khoom noj seem ua ntej rov muab ua dua tshiab kom tsis txhob muaj lub hnab xau.

● Nqa koj cov khoom noj seem tawm mus.

- Cia ib qho chaw ntxiv me ntsis hauv koj lub hnab ntim khoom noj kom muaj chaw los khi ib lub pob rau sab saum toj kom kaw tau lub hnab.
- Muab koj lub hnab ntim khoom noj tso ncaj qha rau hauv koj lub laub khib nyiab los yog chav thaum koom pov tseg.

TSIS TXHOB tso koj cov hnab ntim khoom noj seem:

- Hauv koj lub laub ntim khoom ua dua tshiab.
- Tso saum toj los yog ze rau koj cov laub khib nyiab los yog chav thaum koom pov tseg.
- Hauv hauv cov hnab khib nyiab ib txwm siv.

