## Walxaha la ogol yahay

Haraaga qaxwada, filtarada iyo caleenta shaaha

Wax soo saarka xoolaha

Ukunta iyo qolofta ukunta

Qudaarta

Hilibka xoolaha, kaluunka, iyo lafaha

Cunnada caariyaysatay ama quruntay

Lowska iyo qolofka lowska

Bariiska, rootiga, baastada iyo digirta

## Walxaha aan la ogolayn

- Dharka (xitaa hadii uu 100% yahay suuf)
- Xafaayada iyo waxyaabaha lisku nadiifiyo
- Saxarada eyga, bisada, ama xayawaanada kale
- Cowska, caleenta geedaha, ama qashinka daarada
- Dhalada, birta, bacaha, iyo walxaha aan la baabi'in karin
- Warqadaha la jarjaray, iyo walxaha kale sida (koobabka, saxamada, maacuunta, boorsooyiinka, haraga, shamaca, weelka qaxwada iyo wixii la m id ah)

## Su'aalaha?

Booqo: **FoodScrapsPickup.com** ama wac **651-661-9393.**

Macluumaad ku qoran luqadaha Ingiriiska, Isbaanishka, Hmongaha, Af-Soomaali, Oromo, iyo ကညီ.

# Food Scraps PICKUP Program®

## Bilaabida

RAMSEY COUNTY · Washington County · RAMSEY/WASHINGTON RECYCLING & ENERGY

## Barnaamijka Qaadista haraaga cunnada waa qaab cusub oo ay dadku dib u isticmaali karaan haraaga cunnada ee guriga!

In ka badan 20% qashin-qubka guryaha waa haraaga cunnada sida diirka khudrada, qolofka ukunta, haraaga qaxwada, lafaha, iyo wixii lamid ah. Hadii aad kala soocdid haraaga cunnada, waxaad u bedeli kartaa digada bacraminta halkii lagu dari lahaa qashinka.

## Sidan ayayna u shaqaynaysaa

Dalbo bacaha haraaga cunnada ee bilaashka ah sanad kasta.

Ku rid haraaga cunnada bacda haraaga cunnada. Ugu yaraan hal mar sanadkii, kor ka gunud kadibna bacda xir.

Ku rid bacda haraaga cunnada weelka qashinka si loo qaado.

Waad dhamaysay! Qashinka waxaa lagaaga qaadi sida caadiga ah, haraaga cunnada waxaa loo badalayaa digada bacriminta.

## Is diiwaan gali

Raac talaabooyinka hoos ku xusan ama wac **651-661-9393.**

**Talaabada 1aad** Booqo **FoodScrapsPickup.com** ka dibna guji “Sign up”.

**Talaabada 2aad** Gali cinwaanka gurigaaga.

**Talaabada 3aad** Furo akoonkaaga.

**Talaabada 4aad** Xulo cabirka bacda haraaga cunnada kadibna gudbi dalabkaaga.

**Talaabada 5aad** Waad hagaajisay! Bacaha haraaga cunnada gurigaaga ayaa laguugu keenayaa.

**Dadka ka qayb qaata waxay helayaan labo dalab oo bilaasha ah oo ka kooban 60 bacood sanadkii. Hadii aad u baahantahay baco intaa ka badan waa lagaa iibinayaa.*

## Macluumaad dheeri ah

Macluumaad dheeri ah oo ku saabsan **FoodScrapsPickup.com**

- Fiidiyo ku tilmaamaya
- Su’aalaha aalaaba lis waydiiyo
- Waxyaabaha la ogol yahay iyo kuwa aan la ogolayn
- Talooyiinka ururinta iyo kaydinta
- Macluumaad ku qoran Ingiriiska, Isbaanishka, Hmongaha, Af-Soomaali, Oromo, iyo, Oromoo and ကညီ

## Tallooyinka ururinta

**Waxaa jira siyaabo badan oo loo ururiyo haraaga cunnada! Ogow qaabka ugu fiican ee kuu shaqaynaya.**

### Weelasha ururinta.

- Isticmaal weel leh dabool.
- Tusaale: Weelka ciida bacriminta, weelka jalaatada, caagaga, ama weelka qashinka.

### Sida loo kaydiyo haraaga cunnada.

- Raadi meel kuu fiican.
- Tusaale: Miiska korkiisa, weeldhaqa hoostiisa, firiijiij yaala garaajka.
- Ka miir biyaha haraaga cunnada inta aadan ku ridin bacda si aysan u siidayn qoyaanka.

### Saarista bacaha qashinka.

- Bacda aad ha u buuxin si aad u hesho meel aad ka guntiinto.
- Ku rid bacda haraaga cunnada weelka qashinka.

**HA KU** ridin bacaha qashinka

- Gudaha Weelka qashinka dib u warshadaynta.
- Dusha weelka qashinka dib u warshadaynta.
- Gudaha bacda qashinka ee caadiga ah.